

COVID-19 Visitation Information and Regulations

for

Castle Country Assisted Living, Inc.

How COVID-19 spreads

The disease most likely spreads the same way as similar respiratory illnesses.

- Person-to-person contact:
 - To become sick, you have to be exposed to the virus. CDC defines exposure as being within 6 feet (2 meters) of someone with a confirmed infection for a prolonged period of time.
 - Exposure can occur through respiratory droplets -- when an infected person coughs or sneezes, similar to how flu and other respiratory viruses spread.
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- Infected surfaces or objects:
 - It may be possible to get COVID-19 by touching a surface or object that has the virus on it and then touching your mouth, nose, or possibly your eyes.
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- For these reasons, people at increased risk of infection are:
 - People who have been to areas where widespread community transmission is occurring.
 - People who had direct close contact with someone who has COVID-19.

Symptoms and severity

- Symptoms of COVID-19 include fever, cough, and shortness of breath.
- Illness can be severe and require hospitalization, but most individuals recover by resting, drinking plenty of liquids, and taking pain and fever-reducing medications.

It is important to call ahead before going to see a doctor or emergency room to prevent the spread of illness. Tell them your symptoms and that you suspect you were exposed to someone with COVID-19 or had recent travel to a place that is experiencing community spread.

Self-Screening - These questions will be asked of you upon your arrival to visit a resident:

Do you now have or have you had within the past 14 days:

- Fever of over 100.4 F ? Yes _____ No _____
- Coughing/Sneezing Yes _____ No _____
- Sore throat Yes _____ No _____
- Shortness of breath Yes _____ No _____

And/or the following within the past 14 days:

- Recent travel to high-risk areas Yes _____ No _____
- Exposure to someone with documented
Or suspected COVID-19 Yes _____ No _____
- Reside in a community where community-
based spread of COVID-19 is occurring Yes _____ No _____

If you are sick or have answered “Yes” to any of the screening questions,

It is important that you cancel you visit with your loved one until you have become symptom-free for at least 14 days.

If you are not sick and have answered “No” to all of the screening questions,

Please arrive at the house at your appointment time and ring the doorbell. A staff member will greet you at the door, ask you to fill out the screening questionnaire, take your temperature, and escort you to the designated visiting area. Please note that you will be restricted from entering the building and may not leave the designated visiting area to interact with any other residents or staff. At the end of your scheduled visit, a staff member will escort you from the designated visiting area and then will disinfect the visiting area in preparation of the next visitor.

Please Note: You will be required to wear a mask and practice social distancing. Designated visiting areas are limited in size and can accommodate only 4 visitors at a time.